



Irish Gymnastics Ltd.

Annual General Meeting

Sunday 26th September 2010

Chief Executive Officer Presentation

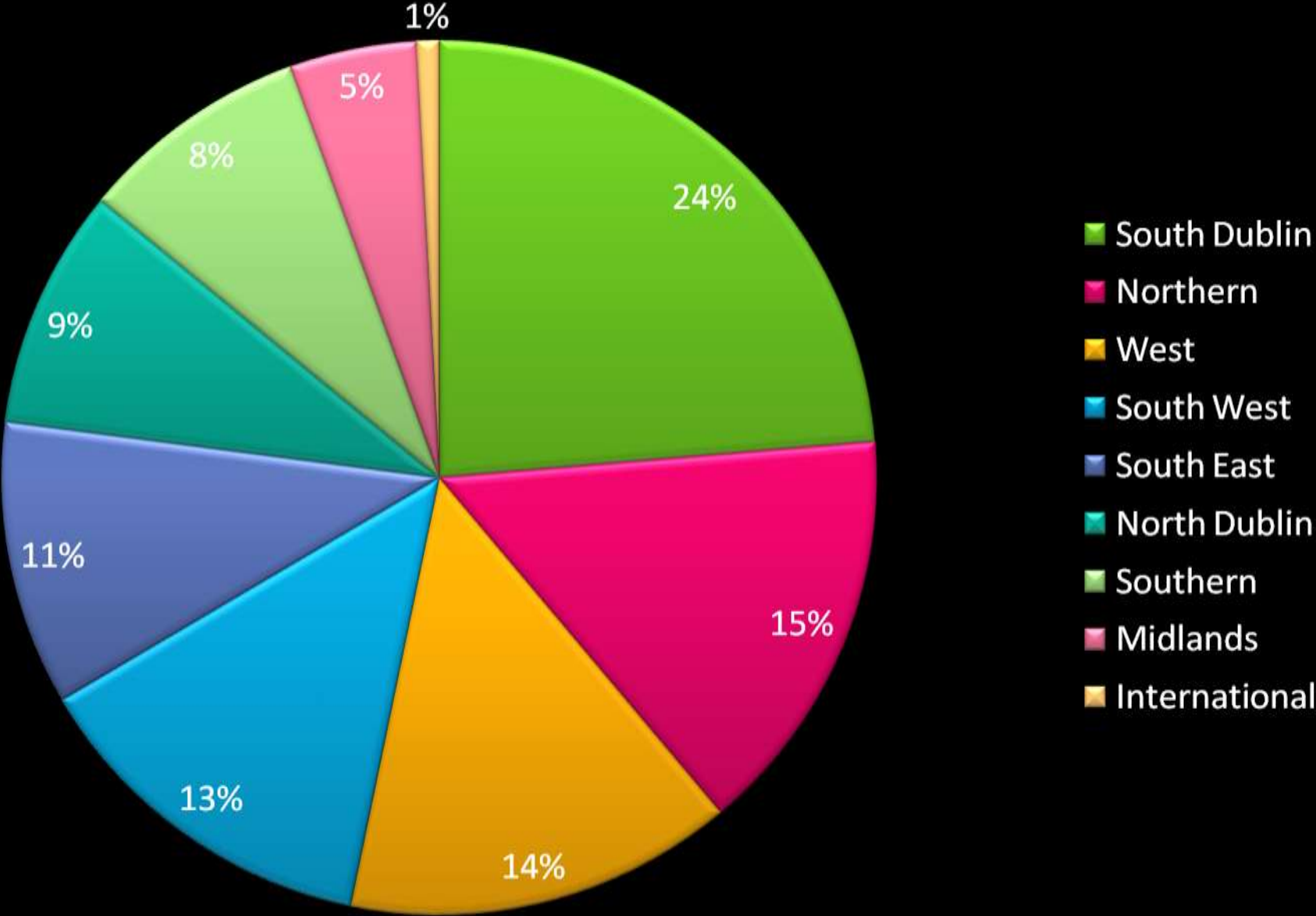
About Irish Gymnastics

- Irish Gymnastics (IG) is the National Governing Body (NGB) for the sport of Gymnastics in Ireland and is officially recognised as such by the Irish Sports Council (ISC).
- IG is currently structured into 8 administrative regions, each operating through the co-ordination of a 'Regional committee' (RC)...
 - North Dublin, South Dublin, South East, Southern, South West, West, Midlands, Northern
- IG is affiliated to the International Gymnastics Federation (FIG), European Union of Gymnastics (UEG), Olympic Council of Ireland (OCI) & the Federation of Irish Sport (FIS).
- IG caters for 9 disciplines of Gymnastics, each being governed nationally by a 'Technical Committee' (TC)...
 - 4 Olympic disciplines...
 - Women's Artistic Gymnastics (WAG), Men's Artistic Gymnastics (MAG), Trampoline Gymnastics (TRA), Rhythmic Gymnastics (RHY)
 - 5 Non Olympic disciplines...
 - Acrobatic Gymnastics (ACRO), Tumbling Gymnastics (TUM), Gymnastics for All (GFA), Special Needs (SN), Sports Aerobics (Aero)

About Irish Gymnastics

- Membership has been growing annually since 2006 and we currently have over 10,100 direct fee paying members and 94 registered clubs
 - Approx 86% female membership
 - Approx 80% of membership aged between 6 years – 18 Years old
- Membership is growing on average approx 1000 members per year.
- We are also currently in negotiations with British Gymnastics in relation to Northern Ireland and the development of a partnership which would be beneficial to members of both organisations in Ireland, however these discussions are at early stages only.

REGIONAL MEMBERSHIP BREAKDOWN



Building for the Future

- Up until 2005 Irish Gymnastics was a relatively undeveloped National Governing Body (NGB), however since 2005 we have been restructuring the business set-up of the organisation to generate much needed internal finance to fund our ongoing development.
- From late 2008 we have been following the development plans laid out in our current strategic plan.
- We are currently in the 2nd year of the plan 2009 – 2012, a copy of which can be viewed via the link below...
- [http://www.irishgymnastics.ie/downloads/219%20IG%20Strategic%20Plan%2009-12 Update.pdf](http://www.irishgymnastics.ie/downloads/219%20IG%20Strategic%20Plan%2009-12%20Update.pdf)

Building the future



- We have had considerable success in generating internal finance to the point where Irish Gymnastics currently funds 65% of our activities – a fact the ISC have noted and praised
- The ISC have also expressed a desire to increase investment into our organisation over the coming years to reflect the good work currently being undertaken.

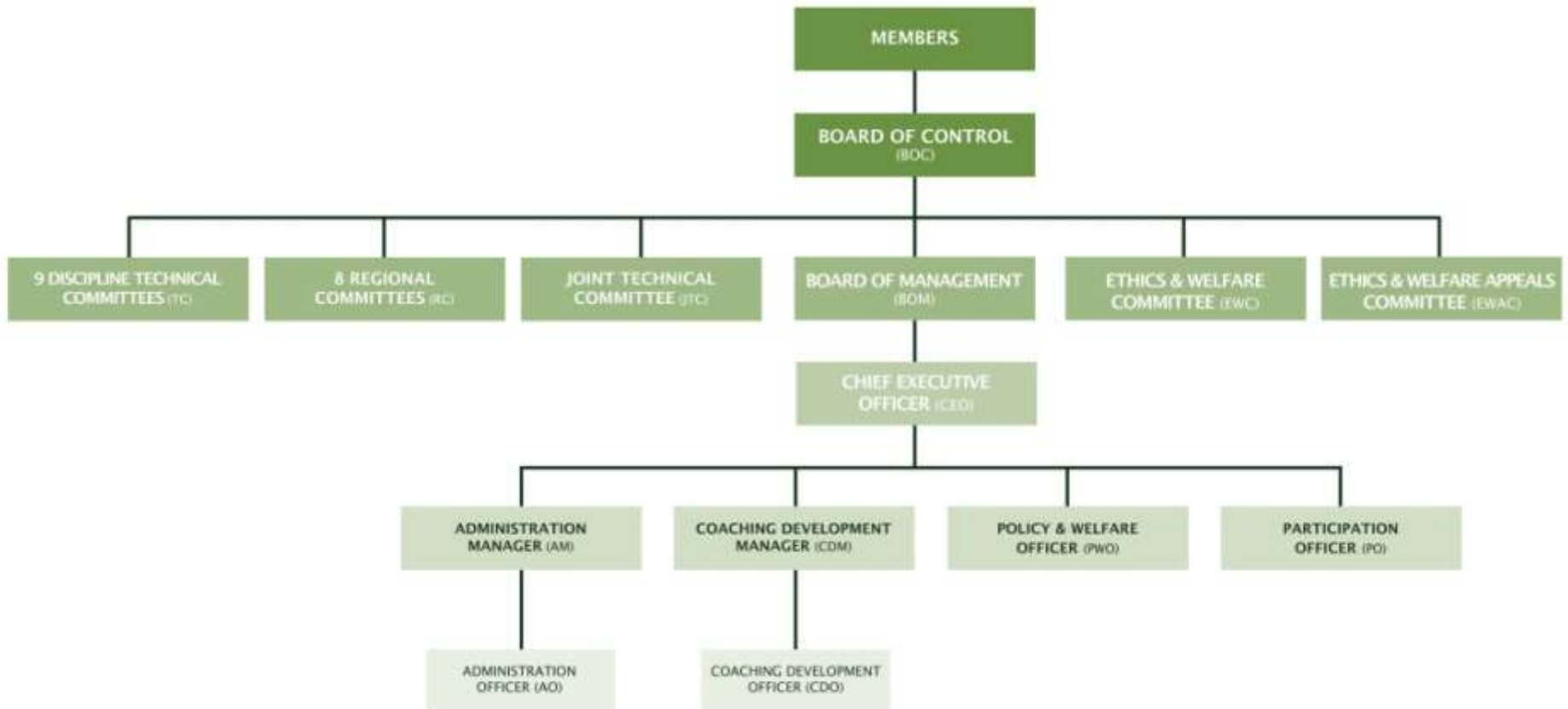
Building for the future

- Our mission statement as per the Strategic Plan...

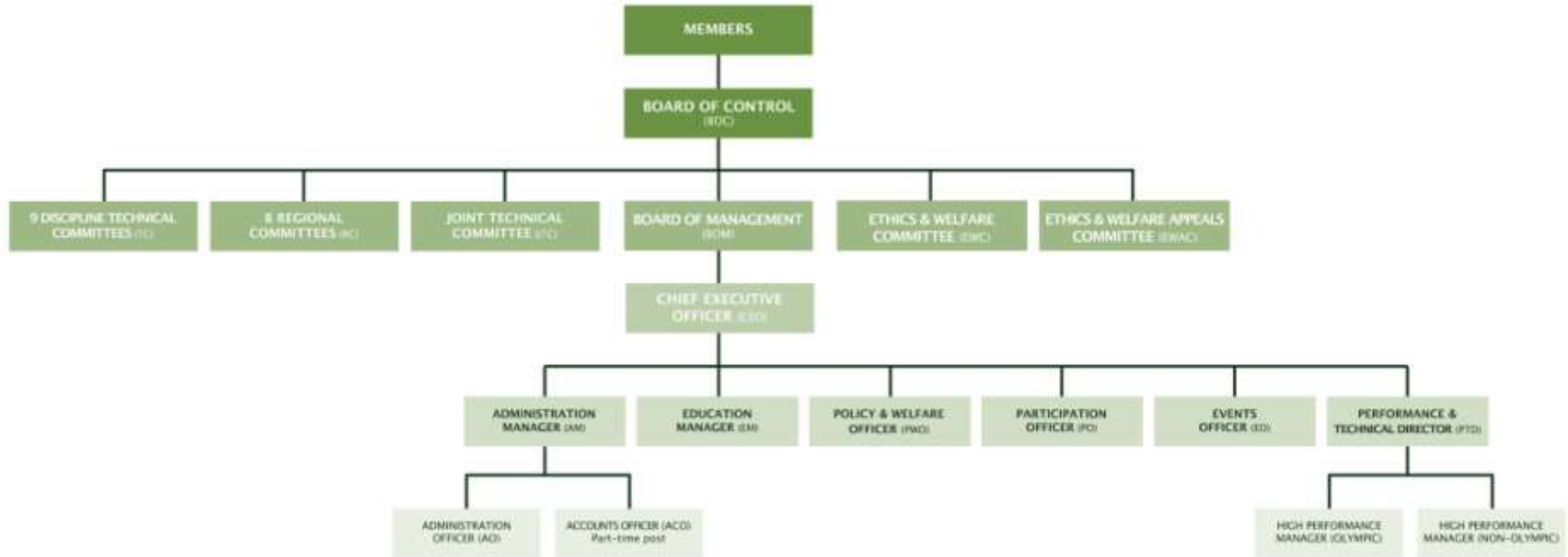
“Irish Gymnastics aims to provide gymnastics opportunities for all commensurate with age and ability by developing a modern, efficient and effective National Governing Body for the sport of Gymnastics in Ireland that is professionally led and voluntary driven”

THE BIG PICTURE

CURRENT ORGANISATIONAL STRUCTURE



VISION OF STRUCTURE – 2012 AND BEYOND (subject to funding)



A stylized graphic featuring several overlapping green leaves of various shades, ranging from light to dark green. A thick, yellow ribbon-like shape curves around the leaves, starting from the left, looping under the bottom, and curving back up towards the right. The overall composition is centered on the page.

Summary of Key Developments since 2006


Administration

- General modernising of IG standard administrative function – e.g. implementation of TAS accounting system to fit needs of the organisation
- Substantial annual investment in the development of IGs administrative ‘hub’ – the Irish Gymnastics website. Key Developments include...
 - Fully automated membership system, integrated with world-pay, with full statistical analysis functionality
 - Fully automated Course booking system for members
 - Garda Vetting tracking system
 - Risk Members tracking functionality
 - Competition/Events booking system (launching October 2010)
 - Key support sections e.g. Ethics & Welfare/Education section

Education

- Development and roll-out of a completely re-developed and modern coaching ladder for Irish Gymnastics members.
- Development of both participation and performance pathways linked into coaching qualifications.
- We have currently rolled out 3 levels of our ladder focusing on participation and development and are on target to roll out the final 2 performance levels by 2012 in line with the strategic plan.
- Since 2007 approx 1000 coaches have taken an Irish Gymnastics qualification.
- We have developed a coaching education system that generates revenue annually for Irish Gymnastics that partner funds the ongoing development of the education system

Policy & Welfare



- Development and roll-out of the Irish Gymnastics 'Code of Ethics & Good Practice for Youth Sport in Irish Gymnastics' to clubs and members.
- In conjunction with our legal partners, Leman Solicitors, we have developed robust policy and procedures in the area of the administration of discipline and complaints, including the adoption of Just Sport Ireland providing our independent appeals function.
- Developed and rolled-out our Garda Vetting & Access NI policies and procedures.
- Developed and rolled-out new IG Anti-Doping policy & procedures.

Participation - Springboard

- Development of a gymnastics-based coaching resource that would benefit all sports in Ireland – Springboard.
- Developed in partnership with...
 - School of Sports Studies, University of Ulster (*Professor Marie Murphy, Head of School of Sports studies & Co-director of Sports & Exercise Research Institute*)
 - Supported by Coaching Ireland & Irish Sports Council
- Key focus of Springboard is the transference of core basic gymnastics/physical literacy skills to **any sport**
- For any sports coach interested in continuous professional development
- Focus on demonstration, teaching and experience of **fundamental gymnastic skills**, movement patterns and training methods (*flexibility & physical preparation*)
- Successful pilots delivered with GAA, IRFU & FAI in addition to many of the ‘smaller’ sports.
- Currently in discussions with sports as to the best way to make the resource fit their needs.
- A commercially driven venture for Irish Gymnastics that will have benefits for the development of all sport in Ireland.

Participation – Club Based

- Development of new club based participation resources and support tools including...
 - Participation based Award Schemes for clubs
 - Discipline specific Award Schemes for clubs
 - Participation events
 - New Club Support kit including...
 - All relevant policy, procedure and template documentation/guidelines in terms of setting up a club to implement best practice in terms of administration and governance.
 - Sample financial modelling for the club.
 - Sample programming and club development strategies.
 - *launching 2011*

Participation – Schools Programme



1. Teacher Training: second & third level
 2. Practising Teachers
- Coaching courses: GYMStart/ Springboard
 - Workshops (add ons to in-service days etc.)
 - Awards schemes/ class plans
 - Active School Flag Award
 - Competitive programme, including events – IG schools membership
 - Linking with clubs
 - Schools Programme launch targeted for 2012

Key targeted developments for 2011 - 2012

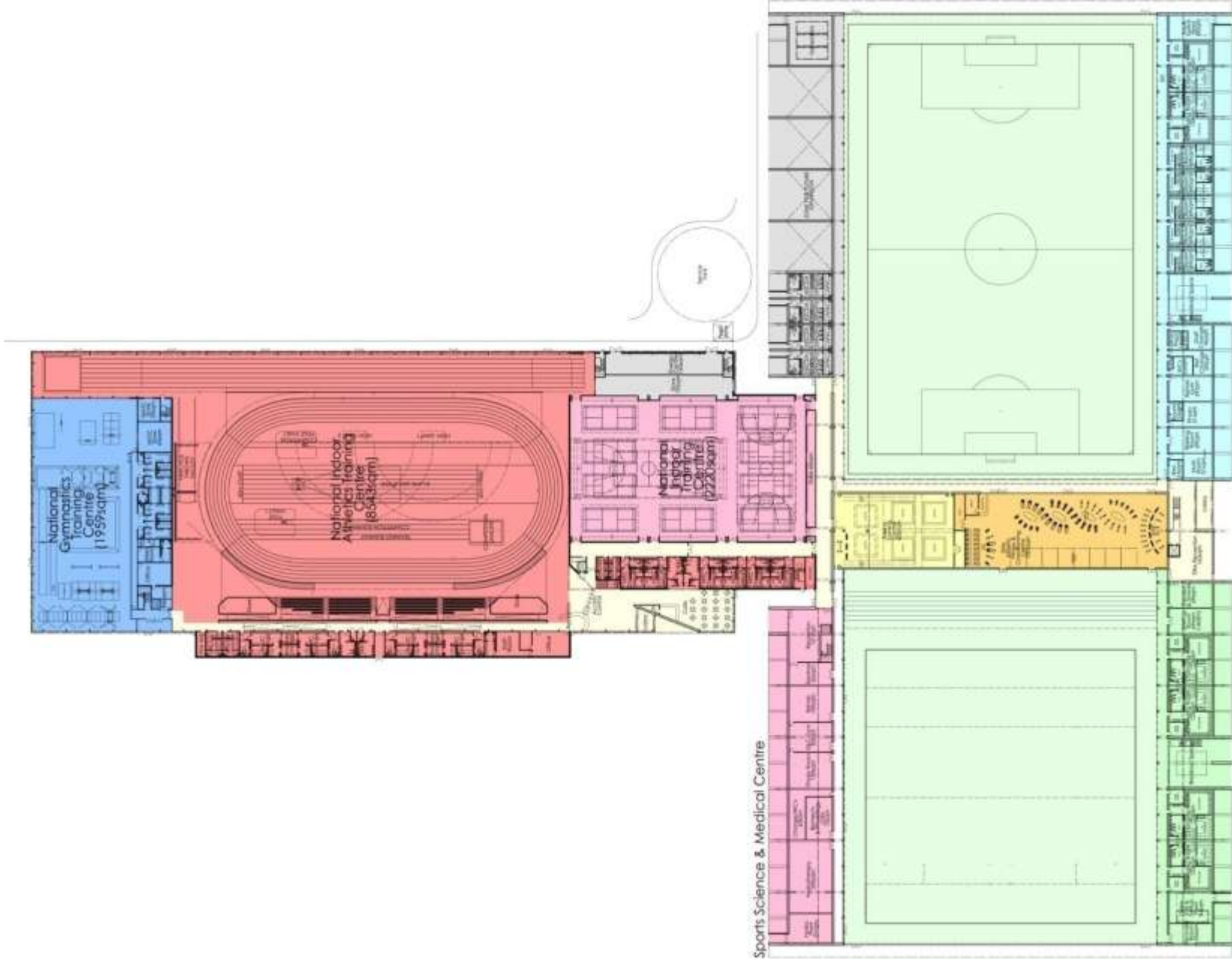
- Launch of new online competition/event entry system for clubs.
- Development of a new brand identity for Irish Gymnastics along with a new sponsorship and marketing strategy in partnership with Roddy Guiney and Wilson Hartnell Public Relations, Dublin.
- Appointment of Events, PR & Marketing Officer and launch of strategy as above for the same (2011).
- Ongoing development of our Governance restructure.
- Development of a 'Volunteer Development Strategy'
- Development of the Irish Gymnastics Performance & Technical Unit (2012).



- Performance highlights from 2010 worth noting...

- Chris O'Connor u-17 All-around Champion in 2010 Celtic Cup, February 2010 (Men's Artistic)
- Luke Carson 16th Overall at Senior European Men's Artistic Championships, April 2010
- **Historic Team Bronze at Junior Women's European Tumbling Championships, April 2010**
- Gillian Clarke 6th Overall at Junior Women's European Tumbling Championships, April 2010
- Leigh Lehane & Roisin O'Shea 5th Overall in Girls 11-16 Pairs Final at 2010 World Acrobatics Age Group Championships, July 2010.

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- Government programmes of central importance to ongoing development of Irish Gymnastics...
 - ISC Gore Grant programme
 - ISC Women in Sport programme
 - Capital Grants programme
 - High Performance Grant programme
 - Sports Campus Ireland



Central Core Building - Plans & Section



Login Area

Site Search

General Info | News | Downloads | Results | Events | Shop | Education | Ethics | Gallery | Links

EGM Notice 11th July 2010 - download documents now...
15th June 2010

Find your nearest club

Click on the interactive map of Ireland below to locate your nearest gymnastics club:



Quick Links

- [Gymnastics In Ireland](#)
- [Coaching Courses - Book online now](#)
- [Springboard](#)
- [Code of Ethics](#)

Forthcoming Events

20-Jun-10- 20-Jun-10
Level 1 Common Core - June 2010 (Dublin)
All Disciplines
Sport HQ

Shop Online

[Click here](#) to buy 'Exclusive' IGL products



**IG GIRLS BODICE
LEOTARD - Child**
€10

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Sponsors & Partners



Irish Gymnastics Ezine

Register your details to receive regular up to date Irish Gymnastics email updates

[Register](#)

All info on IG available @ www.irishgymnastics.ie



THANK YOU