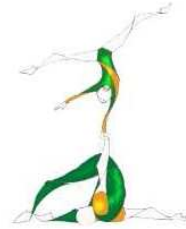




## ACROBATICS TEAM TOURNAMENT

### RULES AND REGULATIONS

LEVEL	AGE RESTRICTIONS	GUIDELINES	TEAM RESTRICTIONS
Preparatory B	Top must turn 8 in year of competition. Please see further rules regarding age restrictions on page 2 of this document.	Combined routine as per NDP7 guidelines.	Maximum of two partnerships per regional team with both scores to count.
Grade 1	Top must turn 8 in year of competition. Please see further rules regarding age restrictions on page 2 of this document.	Combined routine as per NDP7 guidelines.	Maximum of two partnerships per regional team with both scores to count.
Grade 2	Top must turn 8 in year of competition. Please see further rules regarding age restrictions on page 2 of this document.	Combined routine as per NDP7 guidelines	Maximum of two partnerships per regional team with both scores to count
Grade 3	Top must turn 8 in year of competition. Please see further rules regarding age restrictions on page 2 of this document.	Combined routine as per Grade 3 guidelines below	Maximum of three partnerships per regional team with top two scores to count. No limit on the amount of teams each region can enter however regions must nominate which acrobats will compete on which team at the time of entry. Points will only be awarded to the highest placed team from that region. The second set of points will roll down to the next placed team
Grade 4	Top must turn 8 in year of competition. Please see further rules regarding age restrictions on page 2 of this document.	Combined routine as per Grade 4 guidelines below	Maximum of three partnerships per regional team with top two scores to count. No limit on the amount of teams each region can enter however regions must nominate which acrobats will compete on which team at the time of entry. Points will only be awarded to the highest placed team from that region. The second set of points will roll down to the next placed team
Age Group	10-16 in year of competition (maximum 5 year age difference between partners).	Choice of balance or dynamic routine as per current FIG guidelines for IAGC	Maximum of three partnerships per regional team with top two scores to count. No limit on the amount of teams each region can enter however regions must nominate which acrobats will compete on which team at the time of entry. Points will only be awarded to the highest placed team from



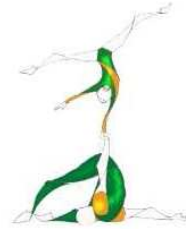
## ACROBATICS TEAM TOURNAMENT

FIG	Junior 11-19 in year of competition. (Maximum 6 year age difference between partners). Senior 14 years + in year of competition. Open 11 years + in year of competition Please see further rules regarding age restrictions on page 2 of this document.	Combined routine as per current FIG Code of Points. All groups will work from the Junior conversion table but the restrictions on difficulty will not apply	that region. The second set of points will roll down to the next placed team Maximum of three partnerships per regional team with top two scores to count. No limit on the amount of teams each region can enter however regions must nominate which acrobats will compete on which team at the time of entry. Points will only be awarded to the highest placed team from that region. The second set of points will roll down to the next placed team
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### AGE RESTRICTIONS

Outlined below are the age restrictions that will from now on be implemented at NDP plus FIG Open level in all Irish Gymnastics Acrobatic events.

Top's Age	Permitted Age of Base
8	14 or younger
9	16 or younger
10	18 or younger
11	20 or younger
12	22 or younger
13+	Age restrictions will no longer apply.



## ACROBATICS TEAM TOURNAMENT

### **GRADE 3 GUIDELINES**

#### **Pairs**

- Minimum of three pair balances chosen from different rows of NDP7 Grade 3 pairs.
- Minimum of three pair dynamic elements chosen from different rows of NDP7 Grade 3 pairs one of which must be a catch.
- Minimum of two Category 1 individual elements chosen from the current FIG Code of Points with corresponding values to be obtained from NDP7 Grade 3 pairs.
- Minimum of two Category 2 individual elements chosen from the current FIG Code of Points with corresponding values to be obtained from NDP7 Grade 3 pairs.

#### **Trios**

- Minimum of two pyramids chosen from different rows of NDP7 Grade 3 trios one of which must include a transition from a three second static hold to a three second static hold. In this case options are limited to C-V2 (i) or (ii) and C-V3 (i) where both the handstand and the lever must be held for three seconds. In short the routine must include two pyramids, three 3" second static holds and one transition.
- Minimum of three trio dynamic elements chosen from different rows of NDP7 Grade 3 trios one of which must be a catch.
- Minimum of two Category 1 individual elements chosen from the current FIG Code of Points with corresponding values to be obtained from NDP7 Grade 3 trios.
- Minimum of two Category 2 individual elements chosen from the current FIG Code of Points with corresponding values to be obtained from NDP7 Grade 3 trios.



## ACROBATICS TEAM TOURNAMENT

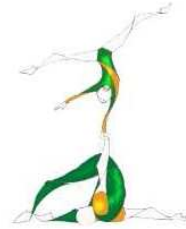
### **GRADE 4 GUIDELINES**

#### **Pairs**

- Minimum of three pair balances chosen from different rows of NDP7 Grade 4 pairs.
- Minimum of three pair dynamic elements chosen from different rows of NDP7 Grade 4 pairs one of which must be a catch.
- Minimum of two Category 1 individual elements chosen from the current FIG Code of Points with corresponding values to be obtained from NDP7 Grade 4 pairs.
- Minimum of two Category 2 individual elements chosen from the current FIG Code of Points with corresponding values to be obtained from NDP7 Grade 4 pairs.

#### **Trios**

- Minimum of two pyramid options chosen from different rows of NDP7 Grade 4 trios one of which must include a transition from a three second static hold to a three second static hold and one of which must include an unsupported handstand of the top, not the middle acting as the top. In short the routine must include two pyramids, three 3" second static holds and one transition. The top must always be in a position of value for the bases to receive value for their work and must also perform an unsupported handstand of three seconds.
- A minimum of three trio dynamic elements chosen from different rows of NDP7 Grade 4 trios one of which must be a catch.
- A minimum of two Category 1 individual elements chosen from the current FIG Code of Points with corresponding values to be obtained from NDP7 Grade 4 trios.
- Minimum of two Category 2 individual elements chosen from the current FIG Code of Points with corresponding values to be obtained from NDP7 Grade 4 trios.



## ACROBATICS TEAM TOURNAMENT

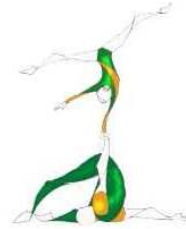
### **Please note:**

In Grades 3 and 4, Category 1 individual element difficulty can be accrued on one occasion and must come from the intrinsic value of the element on the other.

In Grades 3 and 4, Category 2 individual element difficulty can be accrued on one occasion and must come from the intrinsic value of the element on the other.

### **RULES FOR QUALIFICATION**

- In order to compete at national events all partnerships must qualify through regional qualifiers regardless of their level of competition, the numbers entered at regional level or the availability of places on a regional team.
- Competitors wishing to qualify for national events must achieve a minimum score of 7.0 on execution and 7.0 on artistry at their regional qualifier.
- Regional scores must accompany all entries to national events and be signed off on by a nationally qualified judge. An automatic 0.2 deduction will be added to each tariff sheet from a region if results are not supplied in time.
- The minimum Start Value to compete at the ATT is 9.0 for FIG levels as per the junior difficulty conversion table.
- From Preparatory B to Grade 2 inclusive, any partnership that wins a National Title at the All-Ireland finals, and achieves a Technical score of 8.0 or greater, must move up a grade for the following national event. This applies to all partnerships with the same partners. The normal process for downgrading applies in the event of a change of partners.



## ACROBATICS TEAM TOURNAMENT

### **AWARDS AND CALUCLATION OF RESULTS**

- Gold, silver and bronze medals will be awarded to the top three teams in each category from Preparatory B through to FIG.
- Each team will receive three points for a gold medal placing, two for silver and one for bronze medals. No points will be awarded to incomplete teams however medals will still be awarded.
- In categories where regions can enter more than one team, (from grade 3 up) the highest placed team shall take the points for the region, the other team from that region will receive the medals for the placing they achieve and the points will be awarded to the next placed teams.
- The region with the highest points tally will be awarded the overall team trophy.