



IN ASSOCIATION WITH



PRESENTS

PREPARING TO PERFORM

Saturday 25th July 2009

Citywest Hotel & Conference Centre. Tickets: €75

LIMITED PLACES

The secrets to sporting success will be revealed at the first ever highly acclaimed gathering of coaches, managers and performance specialists at this eagerly awaited National / International Sports Conference. The Conference theme is 'Preparing to Perform' and is an opportunity not to be missed by those involved in coaching at amateur and professional levels of sport in Ireland.

A special golf seminar delivered by the renowned **TITLEIST PERFORMANCE INSTITUTE** (www.mytpi.com) will also be held on the Saturday. A must for all golfers.



HARRINGTON

OPENING ADDRESS BY:

Padraig Harrington *Three time Major Winner*

PRESENTATIONS BY:

Martin O'Neill *Aston Villa Manager*

Dr Liam Hennessy *Director of Fitness with IRFU*

Al Vermeil *Personal Coach to basketball legend Michael Jordan*

CONFERENCE SPEAKERS TO INCLUDE:

International speakers: Paul Pook (Wales), Martin Zawieja (Germany), Mark Bennett (Wales), Klaus Wirth (Germany), Dr. Jean Côté (Canada), Kelvin Giles (England), Malachy McHugh (USA), Paul Hurrion (England) from Quintic. **TITLEIST PERFORMANCE INSTITUTE (USA):** Dr. Greg Rose, Dave Philips, Lance Gill.

From Ireland: Alan Swanton, Michael Dempsey, Mickey Harte, Jim Kilty, Michael McGeehin, Pat Flanagan, Caroline McManus, Alan Ringland, Dr Una May, Noel King, Tom Comyns, Pete McGrath, Brian Cody, Eamonn Ryan, Gary Keegan, Ailbe McCormack, Dr Eanna Falvey, Richelle Flanagan.



O'NEILL



HENNESSY



VERMEIL

For more information and to book your place visit www.sporttracker.ie or call 00 353 (0) 42 93 24504